Ministry of Education and Science of Ukraine Sumy National Agrarian University Faculty of Engineering and Technology Department of Technology of Nutrition

Syllabus of educational component

# INNOVATIVE FOOD INGREDIENTS selective

Implemented within the educational program 18 - Production and technology
In specialty 181 - Food Technology

Educational degree Bachelor

Developer:	g - Steps	anova T.M., PhD, Associate Pr	rofessor
Considered and approved at the meeting of the Department of Technology of Nutrition	Protocol 18 by 14.06.202		
	Acting head of the department	Mosh	Melnyk O.Y.
Approved:			
Guarantor of the education	onal program	Sabadash S.M.	
Acting deputy dean of th	e faculty	Bolhova N.V.	
A review of the work pro	ogram (attached) is pro	wided: Swoff	Melnyk O.Y. Pertsevoi F.V.
Methodist of the Departr Licensing and Accreditat	nent of Education Qua	lity, Frage	esec'a)

2022.

## Information about reviewing the work program (syllabus):

Academic year	The number of the	The changes have been reviewed and approved					
in which changes are made	appendix to the work program with a description of the changes	Date and number of the Protocol of the meeting of the department	Head of Department	Guarantor of the educational program			
2022-2023	1	14.06.22 N18.	MoSef	Mosh			

## 1. GENERAL INFORMATION ABOUT THE EDUCATIONAL COMPONENT

1.	Name of educational component	Innovative food ingredients							
2.	Faculty/Department	Engir	Engineering and Technology /Technology of Nutrition						
3.	Status of EP	Selec	Selective						
4.	EK can be offered for (filled for selective EK)	181 F	ood Tec	hnology			Ta .		
5.	Level NQF	6 leve	el .						
6.	Semester and duration of study	1st se	mester,	1-15 wee	ek				
7.	Credits ECTS	5							
8.	The total volume of hours and their distribution							ependent	
		Leo	cture	Practis	e/Seminars	La	ıb		
		Full- time	Exter nal	Full- time	Exter nal	Full-time	Exter	Full- time	Exter nal
		16	-	-	-	22	2	112	148
9.	Language of education	Englis	sh						
10.	Teacher / Coordinator of the educational component	Stepa	nova T.I	M.					
12.	Contacts	Positi Work E-mai Phone	on: Asso ing place: 1: tetian e:+38099	e: office a.stepano 97113679	ofessor of D 224 of Mec ova@snau.e	Department of hanization Edu.ua	Building	logy of Nu	utrition
13.	General description of the educational component	prosper scient conter course of inr model	ects for ific sub nt of the e is a set novative rn food	the deversal that the disciplest of known food for the contraction of	velopment of the usine is adaptiveledge of foods. Attention	udes section of the food use of innovated to the so od ingredier ion is emphorder to eff	industry vative for pecialty. hts and the assized of	y in the a od ingredi The subjective in the main	ents. The ect of this the design types of
13.	The aim of education component	modern food raw materials in order to effectively introduce it in the creation of innovative food.  Provide sufficient theoretical and practical level of students' knowledge of the use of technological solutions aimed at preserving and improving the nutritional value of finished products, reducing its cost and introducing waste-free technologies.							

14.	Prerequisites for studying EK, connection with other educational components of EP	1. The educational component is based on knowledge of food technology (knowledge of the features of production of dishes and culinary products by means of restaurant enterprises), standardization, certification and management of food quality and services of the restaurant industry (knowledge of basic regulatory documents governing the activity of restaurant enterprises).  2. The educational component is the basis for studying OK innovative technologies in industry enterprises
15.	The policy of academic integrity	Adherence to academic integrity for higher education seekers involves: independent performance of educational tasks, tasks of current and final control of learning outcomes; references to sources of information in the case of the use of ideas, statements, information; compliance with copyright law; providing reliable information about the results of their own educational or scientific activities.  Violations of academic integrity in the study of this course are: academic plagiarism, academic fraud (copying, deception, publishing someone's work for their own), the use of electronic devices during the final control of knowledge  For violation of academic integrity, students may be held subject to the following academic liability:  Academic plagiarism - grade 0, re-completion of the task.  Academic fraud - cancellation of points; re-assessment re-performance of non-independently performed work;  Use of electronic devices during the final control of knowledge - removal from work, grade 0, re-passing the final control
16	Course link in Moodle	https://cdn.snau.edu.ua/moodle/course/view.php?id=5052

## 2. EDUCATIONAL COMPONENT LEARNING RESULTS AND THEIR CONNECTION WITH PROGRAMMATIC LEARNING OUTCOMES

Learning results for EK: After studying the educational component, the student will be able to	Program learning outcomes that are directed to EK (indicate the number according to the number given in OP)			cate the number	As the LOE is estimated
	PRE 1	PRE 6	PRE 7	PRE 11	
LOE 1. Know the fundation of designing food composition with the use of modern food ingredients by developing and improving food production technology	+	+			Multiple selection and compliance tests; solving situational problems
LOE 2. Have the skills to use innovative food ingredients through the introduction of modern technologies of semi-finished and finished products		+	+		Multiple selection and compliance tests; solving situational problems
LOE 3. Develop and improve food production technologies by applying technological solutions aimed at preserving and increasing the nutritional value of finished products, reducing production costs and implementing waste-free technologies.			ing of helicide of livery helicide legionsk	+	Multiple selection and compliance tests; solving situational problems
LOE 4. Independently acquire modern knowledge and effectively establish communication when performing team tasks			+		Presentation with a report, differential test

## 3. CONTENT OF THE EDUCATIONAL COMPONENT (PROGRAM OF THE COURSE)

Topic.  List of issues to be addressed within the topic			on within the dget of time	Recommended literature <sup>1</sup>	
	Class work		Indep work		
	Lc	Lab			
	Full	Full	Full /Ext		
	/Ext	/Ext			
Topic 1. Ingredient components of food products The purpose of the discipline. Macronutrients: proteins, fats, carbohydrates. Micronutrients: vitamins, minerals. Phytonutrients: carotenoids, flavonoids. Sweeteners.	4	4/2	24/30	1, 2, 3, 4	
Topic 2. Functional food ingredients The concept of functional food ingredients. Classification and properties of functional foods. Scientific principles of creating functional foods. The main stages of development of functional foods.	4	6	22/30	2,4,5,6	
<b>Topic 3. Technological food additives.</b> Preservatives. Antioxidants. Emulsifiers. Consistency regulators. Acidity regulators.	4	4	22/30	1, 2,6	
<b>Topic 4. Physiological ingredients of natural origin.</b> Substances with barrier protection functions. Lipotropic compounds. Antiatherosclerotic substances.	2	4	22/30	1,2,5,6	
Topic 5. Use of food ingredients. The use of food ingredients of plant origin. The use of food ingredients of animal origin.	2	4	22/28	1,2,4,5	
Total	16	22/2-	112/148		

#### 4. TEACHING AND LEARNING METHODS

LOE	Teaching methods (work to be done by the teacher during classes,	Number of hours	Teaching methods (what types of educational activities the student must	Number o hours
	consultations)		perform independently)	
LOE 1. Know the fundation of designing food composition with the use of modern food ingredients by developing and improving food production technology	Explanatory-reproductive methods: lecture, story-explanation, aimed at highlighting the value-oriented content of educational material (in the context of professional tasks)  Use of the MOODLE, ZOOM platform during the mixed form of training.	20	work with textbooks, manuals, materials of the Internet; , illustration, demonstration, performance of independent works, etc.	20
LOE 2. Have the skills to use innovative food ingredients through the introduction of modern technologies of semi-finished and finished products	Partial search methods: problem-dialogue, modeling, case method, etc. Use of the MOODLE, ZOOM platform during the mixed form of training.	20	independent search of educational information	20
LOE 3. Develop and	Partial search methods:	14	Literature review and	14

<sup>&</sup>lt;sup>1</sup>Specific source from the main or additional recommended literature

improve food production technologies by applying technological solutions aimed at preserving and increasing the nutritional value of finished products, reducing production costs and implementing waste- free technologies.		regulatory documentation on the topic, on the Moodle platform	
LOE 4. Independently acquire modern knowledge and effectively establish communication when performing team tasks	10	Literature review and regulatory documentation on the topic, on the Moodle platform	10

## 5. EVALUATION BY EDUCATIONAL COMPONENT

## 5.1. Diagnostic evaluation (indicated if necessary)

### 5.2. Summative assessment

5.2.1 To assess the expected learning outcomes provided

1.	Interview	10 points /10%	Up to 15 weeks
2.	Presentation with a report	15 points /15%	Up to 15 weeks
3.	Multiple selection and compliance tests	15 points /15%	Up to 10 weeks
4.	Differential test (tests of multiple choice)	30 points /30%	Credit week

#### 5.2.2 Evaluation criteria

Component	Unsatisfactorily	Satisfactorily	Good	Exellent
	<3 points	3-5	6-8 points	9-10 points
Interview	Task requirements don't met	Most requirements are met, but some components are missing or insufficiently disclosed, there is no analysis of other approaches to the issue	All requirements of the task are fulfilled	All requirements of the task are fulfilled, creativity, thoughtfulness is shown, own solution of a problem is offered
	<3 points	3-5	6-8 points	9-10 points
Solving of situational tasks	Task requirements don't met	Most requirements are met, but some components are missing or insufficiently disclosed, there is no analysis of other approaches to the issue	All requirements of the task are fulfilled, the situational task is solved completely, the report is made	All requirements of the task are fulfilled, creativity, thoughtfulness is shown, own solution of a problem is offered
	<3 points	3-5	6-8 points	9-10 points
Presentation with a report	Task requirements don't met	The presentation is prepared, but the report is vague, not logical	All the requirements of the task are met, the report and presentation meet the requirements	All requirements of the task are fulfilled, creativity, thoughtfulness is shown, own solution is offered
	<5 points	5-10	11-15	16-20
Protocols of laboratory training	Task requirements don't met	Most of the requirements are met, but there are minor violations of the	The task is done correctly	All requirements of the task are fulfilled, creativity, thoughtfulness

		methods		is shown, own solution is offered
Note: 1 1 1	<2 points	2-9	10-13	14-15
Multiple choice tests	Less than 3 correct answers	3-7 correct answers	8-9 correct answers	All correct answers

#### Formative assessment:

No.	Elements of formative assessment	Date
1.	Written survey after studying the topics with feedback from the teacher	15 minutes at the end of the lesson at the end of the study of the topic
2.	Oral feedback from the teacher while working on situational tasks during classes	next lesson after learning a new topic
3.	Oral feedback from the teacher and students after the presentation with the report	10-15 weeks
4.	Express survey with peer review by students	before the each laboratory trainings
5.	Final test control with feedback from the teacher	at the end of each topic

#### 6. EDUCATIONAL RESOURCES (LITERATURE)

#### 6.1. Main sources

- 1. Berdanier, C.D. (2013). Handbook of Nutrition and Food. 1136.
- 2. Handbook of Nutrition and Diet (2019). 816. <a href="https://www.routledge.com/Handbook-of-Nutrition-and-Diet/esai/p/book/9780367398279">https://www.routledge.com/Handbook-of-Nutrition-and-Diet/esai/p/book/9780367398279</a>
- 3. Preedy, V.R. (2011). Handbook of Behavior, Food and Nutrition. 2094. https://doi.org/10.1007/978-0-387-92271-3

Sizer F. (2019). Nutrition: Concepts and Controversies. 880.

- Thompson J. (2019). The Science of Nutrition. 976. <a href="https://docplayer.net/36251400-The-science-of-nutrition.html">https://docplayer.net/36251400-The-science-of-nutrition.html</a>
- 4. Gardner C, Wylie-Rosett J, Gidding SS, Steffen LM, Johnson RK, Reader D, Lichtenstein AH (2012) Nonnutritive sweeteners: current use and health perspectives: a scientific statement from the American Heart Association and the American Diabetes Association. Circulation 126(4):509–519

#### 6.2 Additive-sources

- 5.Codex Alimentarius Commission (1989a, 2015) Class names and the international numbering system for food additives: CAC/GL 36-1989 Adopted in 1989. Revision: 2008. Amendment: 2015. Retrieved from http://www.fao.org/input/download/standards/13341/CXG\_036e\_2015.pdf
- 6.Food and Agriculture Organization of the United Nations (2013) Online edition: "combined compendium of food additive specifications". Retrieved from <a href="http://www.fao.org/food/food-safety-quality/scientific-advice/jecfa/jecfa-additives/en/">http://www.fao.org/food/food-safety-quality/scientific-advice/jecfa/jecfa-additives/en/</a>

#### Software

Software (to support distance learning (Moodle), online survey (Kahoot, LearningApp), etc